

ABED CULTURAL ACTIVITIES

Question: "What is a Talking Stick?"

Working with the teacher team, Lisa Adair has offered her knowledge on how to make a talking stick. The "Talking Stick,

used in many Indigenous cultures is

cultures, is an ancient and



To receive supplies for this activity or for other activities contact your ASW for more information.

SECONDARY STUDENTS

<u>Post - Secondary Bursaries</u> and Scholarships

Important information coming to grads.

Stay Tuned!

Chief Joe Mathias BC -

Aboriginal Scholarship available to download.

Click here to access Information.



Indspire

BCAAFC - Working Together

to help Indigenous Youth.

here to

Click here to access information.

Indspire - Building Brighter Futures: Scholarship and Bursary page.

Click **here** to access information.

LEARNING AT HOME

First People Principles

Learning is embedded in memory, history and story. It is holistic, reflexive, reflective, experiential, and relational (focused on connectedness, on reciprocal relationships and a sense of place).

To learn more click here.

Wondering:

What is your peoples Living History? Ask an **elder**.

Click to access **English** or **French**:

The Circle of Caring and Sharing - by Theresa 'Corky' Larsen-Jonasson



(Primary Level)

Living History: Mclean Lake

To learn about the historic

importance of McLean Lake to its peoples <u>click</u> here.



(Intermediate Level)

COMMUNITY SUPPORT

AbEd Presents-_APALS

Aboriginal Parents as Literacy
Supports









Aboriginal PALS
Online

Calling all 3-5 Year Olds and Caregivers

Please RSVP torrie@katzie.ca <u>by May 28</u>

Two Steps:

- June 2 @ 10 am from Westview Secondary OR 5 pm at Katzie Early Years Centre Book Bag Curbside pickup

- June 4 @ 5 pm on Zoom. Torrie will email you the Zoom link.

Two Step Process:

- 1st Step June 2nd:

10 am pick up at Westview Secondary School

Click on the school for location

OR

5 pm Katzie Early Years Centre

Click on Katzie Early Years for location

- 2nd Step June 4th:

There will be a Zoom session

at 5 pm

RSVP by May 28th for both steps to: "Torrie@Katzie.ca"



COMMUNITY CULTURAL OFFERINGS

Anita Sandy

Anita Sandy has been with SD 42 as an Aboriginal Support Worker for 31.5 years. Prior to becoming an ASW, Anita volunteered with Eric Langton Elementary School in the library. Her hard work, care, and dedication to her work is how she came to be an ASW. The Principal approached her



and told her about the opportunity to work within the district and encouraged her to apply. Anita has seen the growth and changes of the department as the first ASW. She has seen the Aboriginal Education department go from supporting one school to all the schools within Maple Ridge and Pitt Meadows School District. In the beginning, she worked with students from the Katzie First Nation Community alongside one Aboriginal Resource Teacher, Jim Mccallum at Pitt Meadows Elementary School. It is her knowledge, ability to build relationships with her students and their families, work ethic, and her experiences that has made her a strong and impactful addition to our district. The biggest successes for her is the opportunity to see her students she has worked with graduate from high school.

EXTRA SUPPORT FOR FAMILIES

Local communities in Fraser Health have services available to provide either **low-cost** or **free food** to their residents.

The directoy provides a list of food, meal, and lower cost grocery options being offered during this COVID-19 period.

Please call ahead to ensure availability or if any changes to service have occured.

To access the list click on the link here.

YOUTH RESOURCES & EVENTS

AbEd - SD42 Presents

Online Pow Wow Classes

Starting Tuesday May 26 at 3 pm with **Shyama Priya** on Zoom.





Join <u>us</u> for **Jigging** and **Community Building** on

Thursday at 3 pm with Jillian.

The link will be posted on our website



https://abed.sd42.ca one hour prior to the session. Clock on Today's Zoom session under the Parent tab.

Smoke Signals

When:

MRSS/ OR: Tuesdays at 1 pm

WSS: Wednesday at 1 pm

GSS: Wednesday at 1 pm

THSS: Thursday at 11 am

PMSS: Thursday at 1 PM

SRT Thursday at 1 PM

I-SPARC

Continue to join I-SPARC for at home workouts.

> "Home Workout Series -Lockdown Edition"



EXTRA LINKS FOR FAMILIES

Métis Nation BC - "The Jig Is Up" - The Ultimate Métis Youth 'Adulting' Resource Guide

To access download: Click here

Métis Youth Jigging - June 14

For information: Click Here





Métis Early Years Learning providing issues that include family friendly educational content on Métis culture, including Métis traditions, language, and activities.

Click the title: "Learn with Louis" to access.

Red Fox (Gr. K-7) Join us online as we share workouts, circus acts, and cooking. For registration: Contact Shay Hudson, SD42 Child and Family Connect Worker, at shaylene hudson@sd42.ca or 604.910.5790

<u>Virtual Field Trips by Nature Lab</u> (Intermediate to Secondary level)

Travel the world and explore natural environments without leaving comforts of home.

To access "Nature Lab": "Click Here"

"View from a Canoe: A Coastal Temperate Rainforest"

The Emerald Edge is home to the world's largest intact coastal temperate rainforest. Take a field trip led by Tsimka Martin of Tla-o-qui-aht First Nation to explore the landscape.

To watch the video "View from a Canoe": "Click Here"

"A single twig breaks, but the bundle of twigs is strong" ~Tecumseh

DEPARTMENT CONTACT INFORMATION

AbEd- Main Office - Westview Secondary (604) - 466 - 6265 Kirsten Urdahl - Serr - Principal

Sharon Hack - Secretary

Please click on "Staff Directory" for information.