

SD 42 ABORIGINAL EDUCATION NEWSLETTER

Issue 3 | Date: June 9, 2020

<https://abed.sd42.ca/>

<https://twitter.com/SD42ABEDNEWS>

LAND-BASED LEARNING & PLAY

Learning and playing occurs in numerous ways. Our connection to the land and learning from the land is an important aspect of traditional and cultural connections to well-being and healing practices. **We recognize that SD42 is on the unceded and shared traditional lands of the Katzie First Nation (Land of the Moss) and the Kwantlen First Nation (Tireless Runner).** We give thanks to the land because it connects us to our roots and gives us a sense of calm.

Wondering:

In what ways have you felt **connected** to the land, river, forest, grass, or soil?



Activity Suggestions:

Rivers of Canada-Fraser River

Click [here](#) to access the activity.



Scavenger Hunt

Click [here](#) to access the activity.

SECONDARY STUDENT

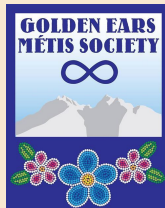
Nelson Indigenous Student Scholarship

Click [here](#) for more information



GRATITUDE

Thank you for supporting our families during COVID-19.



LEARNING AT HOME

First Peoples Principles of Learning:

Learning ultimately supports the well-being of the self, the family, the community, the land, the spirits, and the ancestors.

Inquiry:

Ask an **Elder** what are the traditions and teachings that support community development or well-being?

Wondering:

What brings your heart well-being and happiness?

My Heart Fills with Happiness

by Monique Gray Smith and Julie Flett.



Living History: Soda Rock

Click [here](#) to learn about the importance of Soda Rock to the Secwepemc people who live in the B.C. Interior.



COMMUNITY SUPPORT

Summer Solstice

-Indigenous Festival Virtual Edition

June 1 - 21, 2020



Click [here](#) to access more information.

-Live Music & Dance Line up

Hosted by Sarain Fox

June 12th, 7:30 - 9:00 pm

*Nelson Tagoona

*Silla and Rise



Click [here](#) to access more information.

Spirit

The First Nations Health Authority created a magazine called **Spirit**. It focuses on Traditional Healing and Wellness.



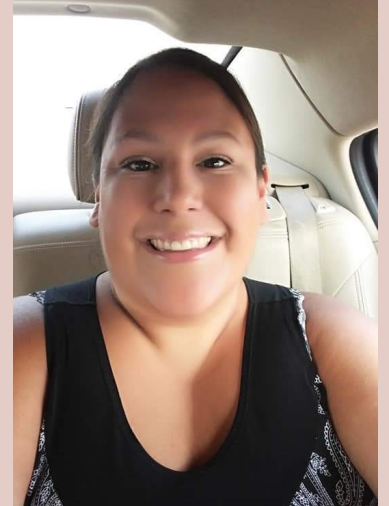
Click [here](#) to access the magazine.

Click [here](#) for more information on Traditional Healing and Wellness.

COMMUNITY CULTURAL OFFERINGS

Lisa Adair

Lisa Adair has been with SD 42 as an Aboriginal Support Worker for 12.5 years. As a teenager, Lisa was inspired by her family and ASW to connect to her **roots** and supported her development and knowledge around the many cultural activities that she leads with her children today. She was encouraged by her ASW to become an ASW because of her innate abilities to **empower**, **support**, and **encourage** the development of her peers and children's **social** and **emotional well-being**. Lisa has the ability to create environments that promote **care**, **listening** using protocols such as talking circles and talking sticks, **respect** and acknowledgment of **traditional practices**. She has harnessed her student's development of strong **leadership skills** within her schools and the development of cultural mentors. Lisa brings a level of **holistic social** and **emotional** support to her students, by meeting the child where they are at and **empowering** them that is deeply **respected** by families within her schools and in the community.



The Medicine of Resilience

Drawing on Intergenerational Resilience - May 26 2020

A Message from **Dr Shannon McDonald**, FNHA on the power of our ability to be resilient.

"We as Indigenous people have many years of experience with using the **medicine of resilience** - our inherent, intergenerational resilience - to not only survive but to come out stronger." We will remain strong.

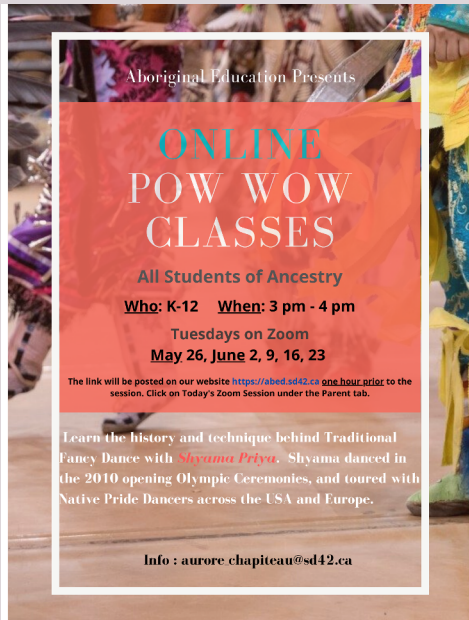
"Stand Strong and pure of heart."



Click [here](#) to read more on the Medicine of Resilience. Click [here](#) for tips and strategies.

YOUTH RESOURCES & EVENTS

Online Pow Wow Classes



Aboriginal Education Presents

ONLINE POW WOW CLASSES

All Students of Ancestry

Who: K-12 **When:** 3 pm - 4 pm

Tuesdays on Zoom
May 26, June 2, 9, 16, 23

The link will be posted on our website <https://abed.sd42.ca> one hour prior to the session. Click on Today's Zoom Session under the Parent tab.

Learn the history and technique behind Traditional Fancy Dance with *Shyama Priya*. Shyama danced in the 2010 opening Olympic Ceremonies, and toured with Native Pride Dancers across the USA and Europe.

Info : aurore.chapiteau@sd42.ca

June 9, 16, and 23 come and join **Shyama Priya** on Zoom.

Click [here](#) for more information

The link will be posted on our [website](#) one hour prior to the session. Click on Today's Zoom session under the Parent tab.

Online Jigging Classes

Join us for **Jigging** and community building on June 11 and June 17 at 3 pm with **Jillian**.

The link will be posted on our [website](#) one hour prior to the session. Click on Today's Zoom session under the Parent tab.



EXTRA LINKS FOR FAMILIES

Métis Youth Jigging - Come join Beverly Lambert for a beginner Jigging Lesson.

The event is on June 14!

Click [here](#) for more information.



Métis Early Years Learning providing issues that include family - friendly educational content on Métis culture, including Métis traditions, language, and activities.

Click the title: "[Learn with Louis](#)" to access.

The Virtual Museum of Métis History and Culture providing a comprehensive attempt to chronicle traditional history and culture. Contains oral history interviews, photographs and various visual, audio and video files.

Click [here](#) for more information.



I-SPARC - Continue to join I-SPARC for at home workouts.

To access the workouts click the name below: "[Home Workout Series - Lockdown Edition](#)"



"Recording the Rainforest" - Explore the the Great Bear Rainforest and the Koeye River flowing through Heiltsuk Traditional Territory 30 miles from Bella Bella, B.C.

Click [here](#) to watch the video "Recording the Rainforest".

"We Hold Each Other Up"

~Monique Gray Smith

DEPARTMENT CONTACT INFORMATION

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Please click on "[Staff Directory](#)" for information.

