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# INDIGENOUS YOUTH FLAG FOOTBALL

AGES 13-16

WEEK 1 PRACTICES - APRIL 7-11 WEEK 2 PRACTICES - APRIL 14-18  
LIFE SKILLS WORKSHOP - APRIL 26 WEEK 3 PRACTICES - APRIL 21-25  
TOURNAMENT - MAY 3

PARTICIPANTS WILL RECEIVE FREE SWAG & BC LIONS TICKETS



## NO EXPERIENCE REQUIRED, ALL GENDERS WELCOME

FREE TO ALL SELF-IDENTIFYING INDIGENOUS YOUTH



I-SPARC  
Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council  
00 1 800 387 387