

Fraser River Indigenous Society

BRINGING TRADITION HOME

OPEN TO ALL SELF-IDENTIFIED INDIGENOUS FAMILIES

Facilitator:

Cheryl Gabriel

With Elder in attendance

Start Date:

January 24th 2026

Saturday mornings

@ FRIS office

9:00 am -

1:00 pm

9 weeks total

Lunch Provided



Fraser River Indigenous Society

WHAT TO EXPECT:

**Over 8 sessions,
caregivers will
better understand
traditional values
and cultural
practices to help
them navigate
raising healthy
children in today's
Urban Indigenous
society.**

REGISTRATION: ACCESSADMIN@FRISOCIETY.CA

We recognize the traditional territories of the Katsie and Kwantlen First Nations. We respectfully acknowledge the many nations who are represented by the urban Indigenous population in the Fraser Valley and Metro Vancouver Areas.