



BRAIDS ON THE LAND

BASED ON THE TEACHINGS FROM 'BRAIDING
SWEETGRASS FOR YOUNG ADULTS'

WITH ELDER
LISA
SHEPARD!

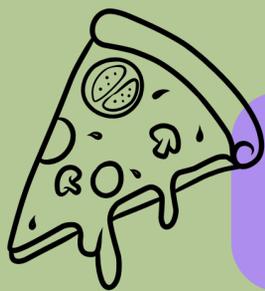


OUTDOOR
& INDOOR
SESSIONS!

OPEN TO SELF-IDENTIFYING YOUTH 10 -18
CAREGIVER PARTICIPATION REQUIRED FOR FIELDTRIPS

MARCH 31ST - MAY 12TH

2ND FLOOR, 11830 223 ST, MAPLE RIDGE
TUESDAYS 3:30 PM – 5:30 PM



FOOD, PRIZES, DRAWS!



FOR REGISTRATION PLEASE CONTACT - INFO@FRISOCIETY.CA

REGISTER BY MARCH 27, 2026

We recognize the traditional territories of the Katzie and Kwantlen First Nations. We respectfully acknowledge the many nations who are represented by the urban Indigenous population in the Fraser Valley and Metro Vancouver Area.



604 458 0151
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