



Fraser River Indigenous Society

Parental/Guardian Consent Braids on the Land

Child/Youth Information

Youth Name & age	Parent/Guardian Name	Contact Information

Program Description

The Braids on the Land is a facilitated nature group based on the book, *“Braiding Sweetgrass for Young Adults”*. This group is open to self identifying Indigenous children and youth aged 10 to 18yrs. The group will explore Indigenous teachings, relationships with the land, storytelling, and community stewardship through discussion, creative activities, and land-based learning.

Start date, time and End date: **Tuesday, March 31, 2026 – Tuesday, May 12, 2026**
3:30pm to 5:30pm

Scheduled Field Trip Sessions: **Tuesday March 31, 2026 – Kanaka Creek Regional Park**
Fraser Riverfront (River Road)

Participants meet in the parking
lot at 3:30pm

(Caregivers are required to participate in outdoor sessions)

Participants meet in the parking
lot at 3:30pm

Tuesday April 21, 2026 – Alco Park

(Caregivers are required to participate in outdoor sessions)

All other sessions will be held at FRIS – and outside activities will be in the FRIS garden or within the city block FRIS is located on.

Permission to Participate

I give permission for my child named above to participate in the Braids on the Land nature group. I understand participation is voluntary, children and youth may participate at their comfort level. I understand that I am responsible for transporting and supervising my child for each off-site community outdoor session. **(Please place a check mark acknowledging you agree)**

- Yes, I give consent for my child to participate.
- Yes, I will provide transportation and supervision of my child for field trip sessions.



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Food Allergies & Dietary Needs

Does your child have any food allergies or dietary restrictions?

No Yes (please describe)

Severity Mild Moderate Severe/Anaphylaxis

Required supports (e.g. Epi Pen) _____

Photo/Media Consent (Optional)

I give Fraser River Indigenous Society consent to use my photograph or my child's photograph (if under 18 years of age) for public relations/fundraising purposes (i.e. FRIS website, social media, FRIS Annual Report, FRIS community displays).

I understand that my participation in the above-named activity is strictly voluntary and my photograph(s) will be used only for the purpose(s) for which I have consented. promotional materials (e.g. posters, website, social media). Please check one:

Yes, I give permission

No, I do not give permission

Emergency Contact

Parent/Guardian Name (please print your name)	Phone: Email:	Alt Emergency Contact Name and phone number (Optional)
	Phone: Email:	

Consent & Signature

Parent/Guardian Signature: _____

Date: _____

Please sign and date this form and return it to the Early Years team at the Fraser River Indigenous Society via nicole@frisociety.ca